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2GO BY HOWL AT MOON.

13

20

27

20

27

would even

entertain a J.Lo

coffee, given the

chance. Jenny from

the Medford Block?

January

April



APRIL 28th

Hey Ben Affleck at Dunkies, how about you saving the date above, for our big fundraiser.

This will be our big event of Jonesy's year so don't blow it off! Plus Swifties at Starbucks.

It's time to start thinking about how you will contribute to our big fundraiser in April. Will you come to the event? Will you make a donation to our auction? We would love to have a big crowd there. More info will definitely follow.

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BEVERLY ROTARY CLUB SPROCKET NEWSLETTER

Club No. 6605 Zone 32 Rotary District 7930 Beverly, Massachusetts Organized February 24, 1921

Jan 12, 2023

"Just don't screw it up"

Issue 26



QR Love

Pay for meals, fines, happy dollars basically anything you want Rotary related.

Coming Up

January 12

Kevin O'Reilly Andrew Defranza Information talks

January 19

Betsy Retallak **Threshold Singers**

January 26

Ellen Dunn Marshall Handly Information talks

February 2

CPR Training by "Special Guest"

February 9

Dr McKenzie-Defranza Lorinda Visnick Information talks





Danny Trejo **Public Service** Announcement

Yes we get it, Moiph sends out loads of emails for club news. **BUT WHEN YOU**

REPLY ALL

you are making this traffic worse. We've enlisted Danny Treio above to dole out punishment. First he will stare at you for 20 minutes and not say a word. Then strap you to a rider lawn mower and drag you across broken glass. Better yet

DON'T REPLY ALL!!

We will publicly shame you in sprocket

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Last week at Rotary Jan 5, 2023

Meeting was called to order by Mike Jones at 12:15 PM.

Pledge of Allegiance was led by Bill Beckman, followed by

Dianne Palter-Gill leading us in Old Lang Syne. and an invocation led by Matt Piaker.

"Happy Birthday" was sung for Peter Hersee, Anne Curry, and Adam Winn.

There were no guests and visitors today.

Announcements:

Mike Harrington - Howl at the Moon on April 28th - biggest fundraiser of the year, so save the date.

Sergeant-at-Arms - Matt Blanchard

Happy Dollars:

Bill Beckman - leaving for Florida Dianne Palter-Gill - "you know who" came home on Christmas Eve Kyle Marsh - his wife is having a baby boy Brad Hunt - he had a great time with family during the holidays

Jackie Rapp - Mark and Kelly came from California for the holidays

Focus on the #8

Peter Hersee turned 88

Derek Maxfield - wears size 8 shoes

Neiland Douglas - made a \$8888 donation Tim Flaherty - review his hiring practices be-

to Trump's campaign last year

Paul Guanci - made 8 cheesesteaks for Mike Jones

Andrew DeFranza - \$88,888 is the amount of money spent on postage stamps to send him hate mail

Walt Kosmowski - for his article in the Salem News

New Year's Resolutions

Kevin O'Reilly will be the next Mr. Rogers

Sue Gabriel - keep being you because you are awesome

Moiph - learn to use spell check

Bill Howard - figure out what a social influencer is

Dianne Palter-Gill - to love her other children as much as she loves Matthew

Bob Murphy - let his eyebrows morph into a

Marshall Handly - reveal who killed Kennedy

Matt Piaker - get a hole in one on a course without a windmill

Adam Winn - eat an ice cream flavor other than vanilla

cause he hired Rich Tabbut

Speaker

Derek Maxwell - Resolutions Derek typically creates 5 resolutions for the year and creates SMART goals related to them:

Specific - add detail to it so it is clear and not generic

Measurable - can measure the outcome

Attainable/Achievable - it needs to be something you can realistically achieve

Relevant - something that will affect your life

Timetable - it has an end date For example, Derek set a goal to read more, but made it more specific to read 10 novels in one year, and he has read 25 books in the last 2 years. He also set a goal to listen to 75 unique albums he normally wouldn't listen to, and he ended up with 100 albums.

Derek also recommends "pick one thing" so you don't take on too much. Record your goals and pick one thing.

Raffle Winner:

Sue Gabriel did not draw the joker

Meeting Adjourned:

Scribe of the week:

Jillian Dubman

miss me?









LAST WEEKS **SPEAKER**

Rarely seen derek maxfield came into our lair and gave us tips to persevere in the upcoming year. Make goals, measure and stick with them. Attain your efforts by constant effort and work. Start out slow and build on success. Instruction is available anytime, especially at 12:15 on Thursdays.







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